**Develop professional supervision practice in health and social care or children and young people’s work settings**

Suggested Exercises

Write a short account to answer the following questions

* What do you understand the purpose of supervision to be?
* What policies and procedures are in place for your own supervision and how does it help in practice?

Compare and contrast models of supervision you have researched and say how they might relate to your own setting.

Review the codes of conduct and practice in your work place, how do they reflect current thinking?

Write a short report about how findings from research, critical reviews and inquires can be used within professional supervision.

Write a reflective piece which shows how your professional supervision can protect the client, the supervisor and supervisee.

What structure would an effective performance place to support the performance management process?

Set a SMART target for yourself and show how you intend to complete the work for this unit.

What factors might you see resulting in a power imbalance in professional supervision settings?

Reflect on a supervision you have planned and delivered explain how you.....

* Agree with supervisee confidentiality, boundaries, roles and accountability within the professional supervision process
* Agree with supervisee the frequency and location of professional supervision
* Agree with supervisee sources of evidence that can be used to inform professional supervision
* Agree with supervisee actions to be taken in preparation for professional

Give an example of positive and constructive feedback you have used to improve the performance of a member of staff.

Record a supervisor session and anonymise it for your course work.

Why do you think feedback is important?

Reflect of a time you have encountered conflict with others and how you responded, how would you behave differently if face with the same issue again?