











### All events and activities free of charge except where otherwise stated.

#### **MONDAY 21 MAY**

#### Discover your dementia services

11am – 1pm, Peacocks Shopping Centre, Woking Town Centre Supported by Woking Borough Council Come and speak to the Council's Living Well Team about the services available to support you or someone you know to live well with dementia.

#### **TUESDAY 22 MAY**

## Support in the heart of your community

10am – 1pm, Waitrose, Denton Way, Woking GU21 3LG

Supported by Waitrose and Goldsworth Park Local Dementia Action Alliance partners Come and find out about what we are doing to support the local community and businesses to support those living with, or caring for someone, with dementia. Get involved, call 01483 743412 or email julie.meme@woking.gov.uk

### Singing in the Rain

11am, Ambassadors Cinema, Woking Support by Ambassadors Cinema Gene Kelly and Debbie Reynolds star in the 1950s classic filled with memorable songs, lavish routines and Kelly's fabulous song-anddance number performed in the rain. A must for all film buffs! Relaxed screening. Normal costs apply. Tickets available from the box office or visit www.atgtickets.com

# Dementia Friends information and awareness session

6pm – 7pm, Ambassadors Cinema, Woking Supported by Alzheimer's Society Discover what you can do to help those living with dementia, whether a loved one or customers using your business. Popcorn will be provided! Call 01483 743822 or email jade.buckingham@woking.gov.uk to book your place.

#### **WEDNESDAY 23 MAY**

#### **Dementia Football Friends**

10.30am – 12.30pm, Woking Football Club, Kingfield, Woking GU22 9AA
Supported by Woking Football Club
Rekindle your passion for football with ball skills, Boccia and seated exercise followed by a tour of the club including trophy cabinets and finishing with entertainment and light refreshments.
Call 01483 772470 or email chris.community@wokingfc.co.uk

#### Coffee afternoon with Forget-Me-Not Café

2pm – 4pm, Brockhill, Clifton Way, Goldsworth Park, Woking GU21 3NE Supported by Home Instead Pop in and enjoy a brew and a slice of cake with friends.

#### **THURSDAY 24 MAY**

#### **Teddy Bears Picnic**

10am – 4pm, West Hall Care Home, Off Parvis Road, West Byfleet KT14 6EY Supported by Anchor Care Homes Bring along your own picnic and enjoy the grounds at West Hall. Entertainment and treats provided! All of the family are welcome. Call 01932 338000 for more information.

#### Tea Dance

2pm – 5pm, Parkview, Off Blackmore Crescent, Sheerwater GU21 5NZ Supported by New Vision Homes Join us for an afternoon of dance, live entertainment and refreshments. Transport available. Tickets are £5 per person and are available by calling 01483 743987.

#### **FRIDAY 25 MAY**

# Dementia Experience - step into the shoes of someone with dementia

11am – 3pm, Christ Church, Jubilee Square, Woking GU21 6YG Supported by Woking Borough Council See, feel and understand what it is like for someone living with dementia through the use of special equipment. Call 01483 743811 or email

jade.buckingham@woking.gov.uk to book.