# Oral health assessment tool

0

Resident: Completed by: Date:

Scores - You can circle individual words as well as giving a score in each category
(\* if 1 or 2 scored for any category please organise for a dentist to examine the resident)
0 = healthy 1 = changes\* 2 = unhealthy\*

### Lips:

Smooth, pink, moist

Dry, chapped, or red at corners

Swelling or lump, white, red or ulcerated patch; bleeding or ulcerated at corners

## **Oral cleanliness:**

Clean and no food particles or tartar in mouth or dentures

Food particles, tartar or plaque in 1–2 areas of the mouth or on small area of dentures or halitosis (bad breath)

Food particles, tartar or plaque in most areas of the mouth or on most of dentures or severe halitosis (bad breath)

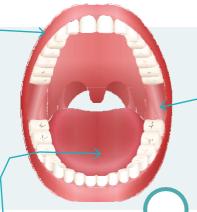
### Dental pain:

No behavioural, verbal, or physical signs of dental pain

0

There are verbal and/or behavioural signs of pain such as pulling at face, chewing lips, not eating, aggression

There are physical pain signs (swelling of cheek or gum, broken teeth, ulcers), as well as verbal and/or behavioural signs (pulling at face, not eating, aggression)



# Tonque:

Normal, moist roughness, pink 0

Patchy, fissured, red, coated

Patch that is red and/or white, ulcerated, swollen

2

### Natural teeth Yes/No:

No decayed or broken teeth or roots

1–3 decayed or broken teeth or roots or very worn down teeth

2

0

1

2

4+ decayed or broken teeth or roots, or very worn down teeth, or less than 4 teeth

## **Dentures Yes/No:**

No broken areas or teeth, dentures regularly worn, and named

1 broken area or tooth or dentures only worn for 1–2 hours daily, or dentures not named, or loose

More than 1 broken area or tooth, denture missing or not worn, loose and needs denture adhesive, or not named 2

#### Saliva:

Moist tissues, watery and free flowing saliva

Dry, sticky tissues, little saliva present, resident thinks they have a dry mouth

Tissues parched and red, little or no saliva present, saliva is thick, residentthinks they have a dry mouth 2

# Gums and tissues:

Pink, moist, smooth, no bleeding

Dry, shiny, rough, red, swollen, 1 ulcer or sore spot under dentures

Swollen, bleeding, ulcers, white/red patches, generalised redness under dentures

Organise for resident to have a dental examination by a dentist

Resident and/or family or guardian refuses dental treatment

2

Complete oral hygiene care plan and start oral hygiene care interventions for resident

Review this resident's oral health again on date:

TOTAL:

SCORE: 16

With kind permission of the Australian Institute of Health and Welfare (AIHW). Source: AIHW Caring for oral health in Australian residential care (2009).