

# Care Showcase 2011

## Wednesday 16 March 2011 Brighton Racecourse Freshfield Road, Brighton, East Sussex, BN2 9XZ



East Sussex is situated in the south-east of England.

### *Car journey times*

**Brighton** is 90 km from London

**Eastbourne** is 40 km from Brighton  
(approx 40 minutes journey via car)

**Hastings** is 60 km from Brighton  
(approx 1 hour journey via car)

**Chichester** is 60 km from Brighton  
(approx. 1 hour 10 minutes journey via car)

**Leatherhead** is 76km from Brighton  
(approx 1 hour journey via car)

**Guildford** is 100 km from Brighton  
(approx 1 and ¼ hours journey via car)

Travel links are excellent. The M25/M23 motorway link provides easy road access to London and the rest of the country, whilst mainland Europe is a short journey by air, train or ship from various departure points.

### *Train journey times*

- Brighton to London Gatwick Airport: 30 minutes
- Brighton to Eastbourne: 35 minutes
- Brighton to Hastings: 1 hour
- Brighton to Chichester: 50 minutes
- Brighton to Leatherhead: 1 hour 35 minutes
- Brighton to Guildford: 1 hour 25 minutes

To plan your journey: [Transport Direct website](http://www.transportdirect.info/Web2/JourneyPlanning/JourneyDetails.aspx?cacheparam=7)  
[www.transportdirect.info/Web2/JourneyPlanning/JourneyDetails.aspx?cacheparam=7](http://www.transportdirect.info/Web2/JourneyPlanning/JourneyDetails.aspx?cacheparam=7)

or for driving directions: [Google Maps website](http://www.maps.google.co.uk/)  
[www.maps.google.co.uk/](http://www.maps.google.co.uk/)

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### By Car

The Racecourse is easy to reach from the A27 Brighton bypass. If you are approaching Brighton on the A23 you need to go east on the A27. Head for signs directing you to Sussex University and take the B2123 to Woodingdean, turn right at the traffic lights and the Racecourse is approximately one mile on your left hand side. Car Parking is free.

This is the recommend route to avoid traffic congestion through the City Centre, however the Racecourse is well sign-posted if you choose to enter central Brighton on the A23. If you're coming from the seafront head for the Palace Pier before driving eastbound along Marine Parade. Turn left at the first set of lights into Lower Rock Gardens. Turn right at the second set of lights into Edward Street, then first left into Freshfield Road. The Racecourse is at the top of the hill.

### By Taxi

Brighton & Hove City Cabs are Brighton Racecourse's preferred supplier of taxis and can be contacted directly on 01273 205205 for bookings to and from the racecourse. For further details please refer to their website: [www.205205.com](http://www.205205.com)

### By Rail

Brighton is less than an hour from London by train and there are services from Victoria, London Bridge and Kings Cross. There are also frequent coastway services operating from Eastbourne, Lewes, Hastings, Worthing and Portsmouth. Please contact National Rail Enquiries for more information 08457 48 49 50. London Road (Brighton) Train station is 1.2 miles (2 km)

### Train Times

- [www.nationalrail.co.uk](http://www.nationalrail.co.uk)

### Bus Times

- [www.buses.co.uk/travel/](http://www.buses.co.uk/travel/)